

# Naperville Central Fellowship of Christian Athletes 2008 Bike Trip Contract

Mission: I, the participant will do all I can to fulfill the mission of our bike trip.

Prayer: I, the participant agree to find 10 people to pray for me daily while I'm gone.

Training: I, the participant commit to preparing physically for 2008 Bike Trip, so that it will be a pleasant experience for the other participants and myself. I commit to prepare adequately for the demanding physical experience that this will be.

Payment: I, the participant agree to pay \$250 for the trip. I understand that this is non profit trip and any excess money will go to the Naperville Central Redhawk FCA club. This excess money is distributed to other worthy causes by vote of the members of the bike trip. I understand that there are out of pocket expenses involved on the trip which could reach \$50. Checks should be made out to Naperville Central FCA.

Rules and Regulations: Participants will be expected to commit to a verbal contract at the beginning of the program. This contract will include a commitment to guidelines of behavior for the safety and well being of the individual and group. These include the prohibition of all forms of tobacco, alcohol and drugs, cooperation with group leaders and other members of the group, and the commitment to not become involved in cliques and exclusive one-on-one relationships with excessive displays of affection. The trip leaders will handle any discipline problems in a manner as seen fit. If a participant is dismissed for failure to cooperate, parents will be called and are responsible to pick up their child immediately. If a participant is dismissed, it will be at the parent's expense and no refund will be given.

Liability: Naperville Central Fellowship of Christian Athletes (NCHS FCA) is not liable for bodily injury or property damage as a result of (but not limited to): physical exertion for which a participant is not prepared; forces of nature; travel by auto, or other conveyance, or by bicycle, foot or other form of active or adventure travel; consumption of alcoholic beverages; civil unrest; terrorism; breakdown of equipment; lack of or limited access to medical attention in remote locations; and the adequacy of medical attention once provided. NCHS FCA reserves the right to make route modifications as necessary to improve the quality of the trip or to accommodate the comfort and well being of the participants.

Release of Liability: We the undersigned are aware that traveling by auto, foot, bicycle or other conveyance contains some inherent risks of illness, injury or death. We the undersigned recognize that such risks may be present before, during and after the trip by participating in 2008 Bike Trip under the arrangements of NCHS FCA. In consideration of, and as part payment for, the right to participate in the trip, and activities, services and food arranged for the participant by NCHS FCA, we the undersigned have and do hereby fully assume all risks of illness, injury, or death, and hereby release and discharge NCHS FCA, from all actions, claims, or demands for damages resulting from participation on the trip. We the undersigned solely agree to take responsibly for any damages, loss or theft of bicycles and accessories during the participant's bicycle-touring period. We the undersigned agree that the foregoing obligation shall be binding upon us personally, as well as upon our heirs, executors and administrators and all members of our family, including any minors accompanying the participant that is undersigned. We the undersigned agree to waive and relinquish all claims, including unintentional negligence, which the participant or the parent/guardian may have against NCHS FCA and any of its leaders as a result of participating in 2008 Bike Trip. We the undersigned have carefully read this agreement and fully understand its contents and am aware that this is a release of liability and a contract between us and NCHS FCA, and sign it of our own free will.

Participant's Name \_\_\_\_\_

Participant's Email \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian s Name(s) \_\_\_\_\_

Parent/Guardian's email \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

# 2008 Bike Trip

Monday June 16 6am until Saturday June 21<sup>st</sup> 4pm

**Contract and Money are due February 25<sup>th</sup>, 2008. The first 12 participants are guaranteed spots. (We have had as many as 16 go)**

## Live Out Loud 2007 Bike Trip

**\*\*\*\*This is last year's agenda: We will work out this year's agenda together\*\*\*\*.**

Monday June 18

- 6am Meet at Naperville Central Green House.  
Pack the truck and vans  
Devotional
- 7:30 Leave for Freeport IL  
Parents will help transport us in vans
- 10:00 Start biking from Freeport IL  
Bike 60 miles
- 6pm Arrive at Yellowstone State Park, Blanchardville WI

Overnight: Camping at Yellowstone State Park

Tuesday June 19

- 8:30am Leave for Deerfield WI  
Bike 65 miles (total 125 miles)
- 6pm Arrive in Deerfield WI
- 8pm Meet with Deerfield Youth Group  
Plan Nursing Home and Church Service.

Overnight: Deerfield Lutheran Church Families

Wednesday June 20

- 8:30am Leave for Jefferson WI Countryside Home (Nursing Home)  
Bike 20 miles (total 145 miles)
- 11:30am Lunch provided by Country Nursing Home
- 1:00-2:30 Service for residents of Countryside Nursing Home  
Bike 20 miles back to Deerfield WI (total 165 miles)
- 7:30 pm Service at Deerfield Lutheran Church

Overnight: Deerfield Lutheran Church Families

Thursday June 21

- 8:30am Leave for Lake Geneva WI  
Bike 70 miles (total 235 miles)
- 8pm Dinner Out

Overnight: Camping at Big Foot Beach State Park WI

Friday June 22

- 8am Leave for Canoeing  
Bike 20 miles (total 255 miles)
- 10am Canoe 10 miles  
Bike 15 miles (total 270 miles)
- 5pm Arrive at Cottage

Overnight: Camp at the cottage

Saturday June 23

- 8:30 Leave for Naperville  
Bike 60 miles (total 330 miles)
- 4pm Arrive in Naperville